

## Here's how to prevent Human Papillomavirus (HPV):

HPV causes 9 different types of cancers and genital warts. HPV vaccination is the best protection from this virus.

There are benefits for people of all ages. The vaccine protects people from being affected by different types of the virus with which they have not already come into contact with. If a person has cleared an HPV-related infection (genital warts or an HPV-related pre-cancer), the vaccine will help against reinfection. Furthermore, if you have a cervix, getting routine screening, whether vaccinated or not, can help detect cervical cancer earlier.



## Important next steps to prevent HPV cancers & genital warts

- ✓ I will look into getting the **HPV vaccine** no matter my age, gender, or relationship status.
- ✓ If I have a **cervix**, I need to get screened.
- ✓ I will **talk to my loved ones** about getting the HPV vaccine and getting screened.

For more information:

[www.hpvglobalaction.org](http://www.hpvglobalaction.org)



## How to prevent genital warts and 9 different cancers



I have a cervix,  
I need regular screening.  
Scan for more info.



Scan to know where  
I can get the HPV  
vaccine in Canada.



## Are you a human?

Yes? Then you need to know about Human Papillomavirus (HPV)!

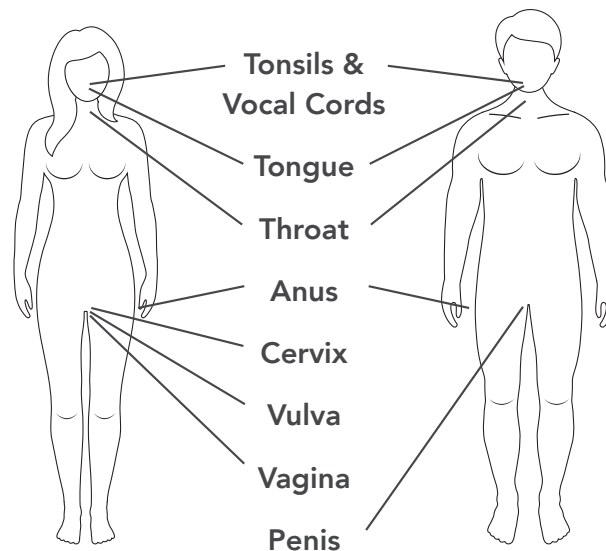
Over 75% of Canadians will have one form or another of this virus in their lifetime.

People come into contact with this virus, through any skin to skin sexual contact below the waistline with fingers, mouths or other body parts, even without penetration.

Condoms give good protection against sexually transmitted infections (STIs), unwanted pregnancies and HPV in general BUT do not fully protect people from this virus because there is still direct skin to skin contact.



## Some cancers caused by HPV



## Did you know...

This virus can stay asleep in a person's body for up to 40 years and later surface as a cancer. This means that what you are doing now could affect you years or decades later.

## Genital warts

What are they?

- Small raised lumps that can grow in clumps or alone. Usually painless, but may cause itching, or slight bleeding
- Can be found anywhere from the waist down to the knees, front and back of a person's body and in the mouth
- Even if you have the virus, it can take many months or years before warts appear
- You can still give HPV without having the physical signs of genital warts

